

Family Autism Service (FAS) fact sheet

Supporting families across Pennine Lancashire



Child Action Northwest

The Family Autism Service (FAS) is here to support families across East Lancashire and Blackburn with Darwen who have children or young people diagnosed with, or being assessed for, autism. We offer a range of support from sharing information to providing one-to-one help so you can choose the level that feels right for you.

Welcome to the Family Autism Service

When a referral is received, one of our team will get in touch to offer a friendly welcome call. This call is an opportunity to introduce the service, confirm the level of support you've chosen, and explain how to make the most of what's available. It's also a chance to ask any questions and find out more about how we can support your family. We're here to help you feel confident, connected, and supported as your family moves forward.

Tier 1 - Information & Guidance

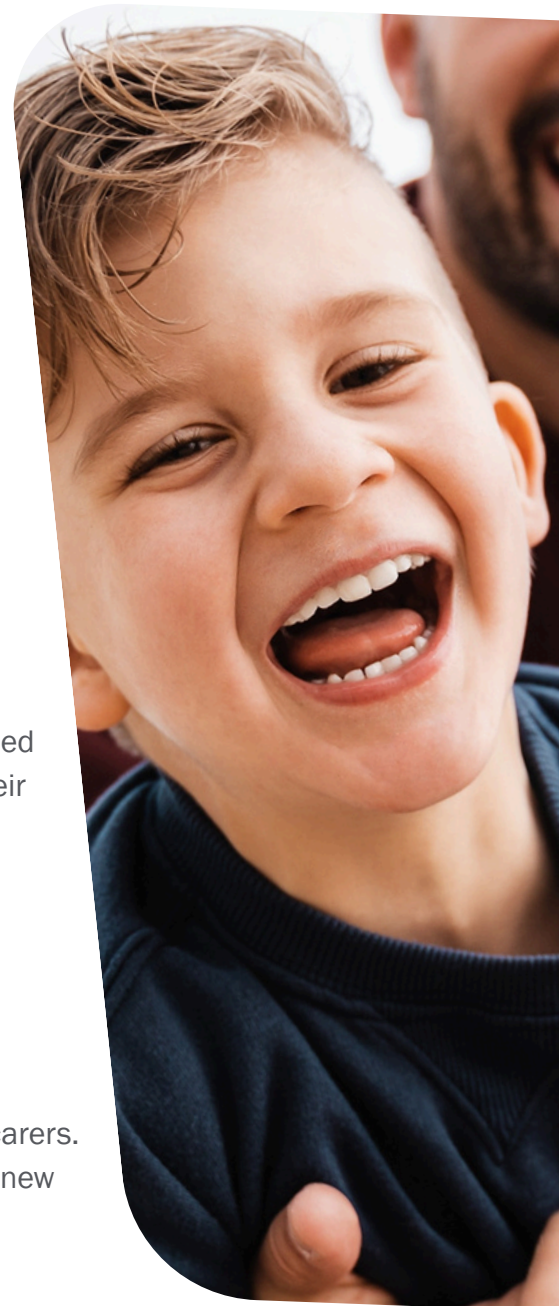
Get helpful information to point you in the right direction when you need it. Good for families who want to stay informed and find support in their own time.

- Monthly email with updates on new offers and workshops
- Signposting opportunities with tips and advice
- Posts on social media with ideas and information for families

Tier 2 - Groups, Workshops & Activities

Join friendly groups and activities to connect with other parents and carers. Good for families who enjoy being part of a community, want to meet new people, and learn alongside others.

- Parent support groups (online and face-to-face)
- Workshops on topics like behaviour, anxiety, and sleep
- Family activity sessions
- Help connect you with other services when needed



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Tier 3 - One-to-One Support

This is a responsive form of support, available for families to access as needed rather than a set amount of sessions. Good for families who'd like some extra help to make changes and move forward.

- One-to-one support with a worker who understands your family's needs
- Support to identify strategies and next steps that best meet your family's needs
- Help connect you with other services when needed

Please note we do not offer one-to-one support directly for the child or young person.

Workshops

Join friendly groups and activities to connect with other parents and carers. Workshops are available both online and in person, offering flexibility for busy families. Sessions cover a variety of topics to help you build confidence and understanding at your own pace.

How to Access Support

Referrals can be made by parents, carers, schools, or professionals.

Once we receive your referral, we'll contact you for a short welcome call to introduce the service, confirm your chosen level of support, and explain what happens next.

Please note we do not offer one-to-one support directly for the child or young person.

**SCAN HERE
for more information**



**For more information or to
get in touch, please contact
our team.**



COLLABORATION + INNOVATION = IMPACT



Changing childhoods.
Changing lives.



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