

EMOTIONAL HEALTH & WELLBEING PARTNERSHIP

Service for
young people

Funded by:



EMOTIONAL HEALTH AND WELLBEING PARTNERSHIP

Early Health and Wellbeing Support for Children, Young people and Families.

WHO ARE WE?

Commissioned Service for Emotional Health and Wellbeing

The Emotional Health and Wellbeing Commissioned Service is available to provide additional, specialist support to children, young people aged 4 to 19 years (25 with SEND) and families who are experiencing low level Emotional Health and Wellbeing needs at level 2, 3 and 4 of the Lancashire Continuum of Need who reside in Lancashire or attend a Lancashire school. Access to the service is only through a referral to the Children & Family Wellbeing Service (CFW)

The service delivered by the partnership aims to improve emotional health and wellbeing by providing preventative and early help support sessions.

- Sessions are short term/time limited (generally between 6 & 8 sessions)
- Sessions can be face to face, remote or both.

PLEASE NOTE: we are not able to receive direct or self-referrals to the LCC Commissioned service.

MAKING A REFERRAL

Access to the service is only through a referral to the Children & Family Wellbeing Service (CFW)

Request for support forms & Early Help Assessment can be found on:

www.lancashire.gov.uk/practitioners/supporting-children-and-families/

1. Obtain consent
from parent &
young person

2. Complete Early Help Assessment
www.lancashire.gov.uk/practitioners/supporting-children-and-families/early-help-assessment/

3. Complete E Document referral form

www.lancashire.gov.uk/practitioners/supporting-children-and-families/safeguarding-children/requesting-support-from-childrens-services/
and attach a copy of the completed EHA

4. The referral
is automatically
sent to the CFW
Early Help Mailbox.

The partnership consists of **11 agencies** working together to deliver a wide range of therapeutic support across the Lancashire County Council districts:



WHAT CAN WE OFFER?

The partnership offers a skilled team of practitioners who can support young people to improve their own 'good mental health'. They may be experiencing:

- Anxiety & Stress
- Low confidence/self esteem
- School Avoidance linked to emotional health
- Emotional Resilience
- Unhealthy lifestyle or coping mechanisms
- Friendship & Relationship worry
- Attachment
- Bereavement, Loss & Separation
- Disruption
- Anger
- Worries & Feelings
- Self Harm

This list is not exhaustive and if you are unsure about making a referral please contact us using the details on the back of this leaflet.

Examples of how the support can help:

- Develop more successful strategies for managing behaviour and emotions.
- Increase problem solving skills and conflict resolution skills.
- Learn new ways to comfortably experience and express emotions.
- Strengthen self esteem and promote behaviour change increasing positive mental health.
- Strengthen respect and acceptance of self and others.

“ I feel happy, I have more self worth and I'm ready to enjoy life! ”

Quote from a Young Person

REMEMBER

This is an Early Support service, which offers short term/time limited support.

USEFUL NUMBERS

Children & Family Wellbeing Service, Advice, Information
and Support

Talkzone 0800 511 111 (Text 07786 511 111)

www.lancashire.gov.uk/youthzone

Further information on this and commissioned services
can also be found on:

www.canw.org.uk/ehwb

www.lancashire.gov.uk (Children & Family Wellbeing service)

CONTACT US

For more information about EHWB Partnership
and referral enquiries please contact:

Whalley Road, Wilpshire, Blackburn, BB1 9LL

☎ 01254 244596

✉ EHWB@canw.org.uk



CANW

Child Action Northwest

