

# **EMOTIONAL HEALTH & WELLBEING** SERVICE FOR SEXUAL HEALTH EDUCATION

in schools and colleges, workplaces, communities

Our Emotional Health and Wellbeing service deliver all aspects of Sexual Health and Relationship Education which can be linked to AQA Unit Awards.

### What can we offer?

- Support Children and Young People to be confident in relationship choices and know the difference between healthy and unhealthy relationships.
- Deliver workshops for staff and young people to raise awareness of Child Sexual Exploitation (CSE).
- Education workshops on contraception and sexually transmitted infections with further signposting for help and advice.
- Raising awareness of drug and alcohol misuse and risk taking behaviors.

CANW have been working therapeutically with children and young people across Lancashire. We are an established provider of mental health services and have a team of professional, experienced and accredited practitioners.



## How will this look in your School, College, Workplace, Community?

- We have a variety of packages that can be tailored to the needs of your setting.
- The work can be linked to AQA unit awards.
- We have qualified CEOP Ambassadors to deliver up-todate Child Sexual Exploitation (CSE) age appropriate packages.

## This can include:

- 1:1 work
- Group Work
- Assemblies
- Health days (off timetable)
- Mobile Unit (complete with 8 Apple Mac computers)
- The work can be delivered flexibly and can include twilight sessions for staff.
- 'Not just a Bump' programmes of work around pregnancy.

## For more information

If you would like a referral form or further information please contact us:

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#### Head of Service

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