

Commissioned by:

Lancashire

County
Council



EMOTIONAL HEALTH & WELLBEING PARTNERSHIP

SERVICE FOR YOUNG PEOPLE

**“I feel happy,
I have more
self worth and
I'm ready to
enjoy life!”**



YMCA



Reachout.work
Early Intervention Services

n|compass northwest
looking towards a brighter future

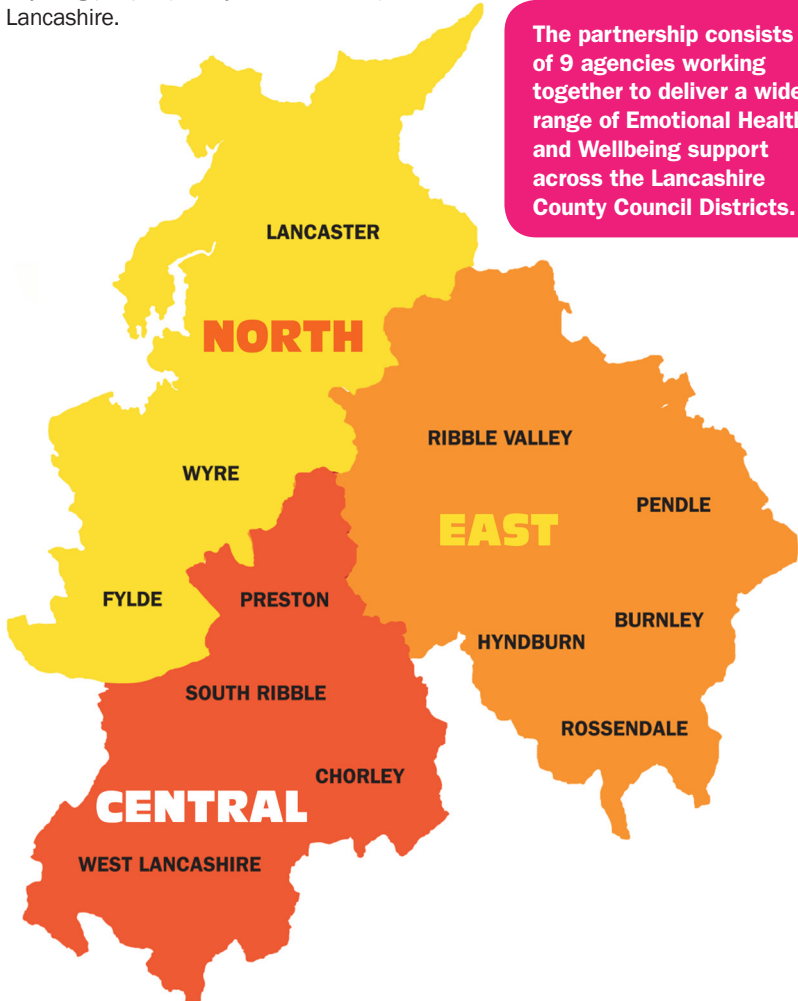


WHO ARE WE?

The Emotional Health and Wellbeing Partnership is commissioned by Lancashire County Council to deliver early mental health and wellbeing support to children and young people.

The service offers brief interventions for school aged children & young people (4-18 years, 25 SEND) who reside in Lancashire.

The partnership consists of 9 agencies working together to deliver a wide range of Emotional Health and Wellbeing support across the Lancashire County Council Districts.



NORTH

Logos for CANW (Child Action Northwest), key, YMCA, and New Start.

CENTRAL

Logos for CANW (Child Action Northwest), key, dias (on your side), Reachout.work (Early Intervention Services), and n|compass northwest (Positive mental health & wellbeing focus).

EAST

Logos for CANW (Child Action Northwest), key, abl (a better life), PAC (Positive Action in the Community), n|compass northwest (Positive mental health & wellbeing focus), and Reachout.work (Early Intervention Services).

WHAT CAN WE OFFER?

We offer a skilled team of practitioners who can support young people experiencing:

- Anxiety
- Low confidence/self esteem
- Stress
- Low Mood
- Self Harm
- Emotional Regulation
- Attachment
- Loss
- Bereavement
- Difficulties with managing worries/feelings
- Disruption

Support through the early help project is time limited and sessions may be offered through a blended approach of face to face work and remote (using technology) relevant to the need of the child/young person.

Examples of how the support can help:

- Develop more successful strategies for managing behaviour and emotions.
- Increase problem solving skills and conflict resolution skills.
- Learn new ways to comfortably experience and express emotions.
- Strengthen self esteem and promote behaviour change increasing positive mental health.
- Strengthen respect and acceptance of self and others.

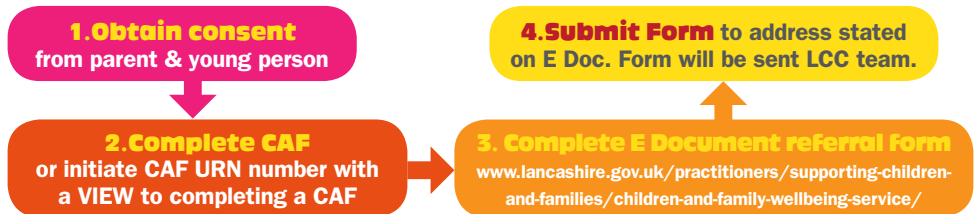
Through other funded programmes the partnership practitioners may also offer:

- Career support
- Restorative solution
- Goal focused coaching
- Support around school behaviour
- Life Skills
- Developing social skills

MAKING A REFERRAL

PLEASE NOTE: we are not able to receive direct or self-referrals to the LCC Commissioned service.

Access to the service is only through a referral to the Children & Family Wellbeing Service (CFW)
Request for support forms & CAF assessment can be found on www.lancashire.gov.uk/practitioners/supporting-children-and-families



USEFUL NUMBERS

Child Family and Wellbeing Service, Advice, Information and Support
Talkzone 0800 511 111 (Text 07786 511 111)
www.lancashire.gov.uk/youthzone

Family Information Service
0300 1236 712

Further information on this and commissioned
services can also be found on:

www.canw.org.uk/ehwb
www.lancashire.gov.uk

CONTACT US

For more information about EHWB Partnership
and referral enquiries please contact:

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Child Action Northwest

Registered Charity No: 222533